

Compass | All-ceramic restorations

Recommendations - Products and their use in the dental practice.



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Ceramic restorations have been scientifically recognised for a long time and enjoy great popularity because they are free of metal and give an aesthetically pleasing result. More and more patients directly ask for a ceramic restoration. What is important though is that all requirements for a successful ceramic reconstruction are already considered during the preparative stages ("think ceramic!"). Premature loss of a ceramic restoration is often due to insufficient depth of the cavity or nonobservance of the minimum thickness of the layers. The below recommendations aim to enable the dentist to safely prepare the cavity in preparation for a ceramic restoration and to avoid frequently made errors.

Occlusal onlays

Set 4665

Indirect restorations completely made of ceramics are becoming increasingly important. They do. however, require special types of preparation with materials and fixation techniques specially adapted to the specific requirements of these restorations. To this end, special preparation guidelines were compiled* for all-ceramic inlays, partial crowns and crowns, and suitable preparation instruments were developed (see expert sets on page 12 et seq.). Beyond the traditional preparation options, the special properties of high-strength dental

ceramics – such as monolithic lithium silicate – allow new, less invasive types of preparation with reduced trauma during grinding and incorporation and, consequently, a reduced risk of pulpitis. This is particularly important from a clinical perspective because postoperative inflammation of the pulp is the main risk associated with crowns and partial crowns.

The DGPro (German Society for Prosthetic Dentistry and Biomaterials) already addressed the risk of pulpitis in a statement published in 2004. According to the statement, the risk of pulpitis should be controlled by always considering possible alternatives prior to placing a crown. If the defect is limited to the occlusal area, minimally invasive restorations such as occlusal onlays (also known as occlusal veneers or table tops) are a feasible option. It is, however, difficult to prepare these with traditional preparation instruments. To greatly facilitate the process, we have developed a new sequence of preparation steps and new diamond instruments with suitable geometries in close cooperation with Private Lecturer

Dr. M. Oliver Ahlers and Prof. Dr. M. Daniel Edelhoff.

Indications:

- · Preparation of occlusal onlays
- Treatment of carious teeth
- Restoration of individual teeth or all molars/premolars damaged by bruxism and/or biocorrosion
- · Reconstruction of the occlusion
- * Ahlers, M.O.; Morig, G.; Blunck, U.; Hajto, J.; Probster, L.; Frankenberger, R.: "Guidelines for the Preparation of CAD/CAM Ceramic Inlays and Partial Crowns" Int J Computer Dent 12,4 (2009) 309-325

Occlusal onlays

The innovative alternative to crowns

The traditional preparation: Crowns.

(Veneer) crowns are the traditional restoration method for extensive defects in the hard substance of molars and premolars.

Advantages:

Long-established method. Durable restorations all dentists are familiar with.

Disadvantages:

The preparation causes a substantial loss of hard substance. This increases the probability of biological complications, such as pulpitis and crown margins almost reaching up to the gingiva. Substance*

The minimally invasive approach: Occlusal onlays ("Table Tops").

68.8 % Loss of

Occlusal onlays have been introduced as a new, minimally invasive alternative for the restoration of occlusal defects in the hard substance of molars and premolars.

Advantages:

Clearly reduced loss of hard dental substance – and fewer biological risks. a contraction of the second se



Minimally invasive preparation of a first molar prior to receiving an occlusal onlay.

Disadvantage:

The preparation of occlusal onlays used to be difficult without special instruments from a technical point of view.

* citation from: Edelhoff D; Sorensen JA.: Tooth structure removal associated with various preparation designs for posterior teeth. Int J Periodontics Restorative Dent. 2002 Jun; 22(3):241-9.

** The loss of substance involved with the preparation for occlusion onlays* is less than half of that caused by the preparation of crowns.





Clinical case:

Pre-preparation

According to the information currently provided by manufacturers, occlusal onlays made of lithium silicate require a minimum thickness of 1 mm. Teeth damaged by biocorrosion often have an irregular shape. It is therefore recommended to unite the steps of depth marking and pre-contouring in a pre-preparation process. To this end, we have provided an abrasive diamond instrument of a suitable shape with a black laser mark at 1 mm from the instrument tip. When the instrument is rotating, the mark looks like a black line.

1. Whenever you wish to remove occlusal substance, apply the instrument 855D to the occlusal surface in a vertical position and prepare guide grooves with a depth of 1 mm.

 Then even out the occlusal surface, making sure to maintain the correct cusp-fossa relationship (see image) and level any sharp burr at the edges of the occlusal surface. Like this, you can control the amount of substance removed already at the pre-preparation stage – completely without a depth marker – unless, of course, the loss of dental hard substance is so extensive that there is no need to create further occlusal space.

Occlusal contouring and finishing

Ceramic preparations require perfectly round contours. The centre of the occlusal surface needs to have a concave shape, whereas the area of the former cusps should have a convex shape to optimally support the occlusion onlay. Since none of the previously existing diamond instruments were able to create such a special shape, we developed brand new occlusal abrasive cutters to this end, the so-called OccluShapers (fig. 370). These are the first instruments to be able to combine both shapes. To ensure that the diamond instruments match the occlusal surfaces of each tooth, the OccluShapers are available in 2 sizes, one for molars and another one for



premolars. To complete the range, we have added finishers of matching shape (fig. 8370).

3. For occlusal contouring, prepare the occlusal surface with an OccluShaper of suitable size in a mesio-distal direction, along the central fissure.

4. Repeat with a finisher of the same size and congruent shape.

Oro-vestibular sides

To give the ceramic restoration stability, the lateral surfaces on

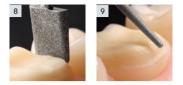
the oral and vestibular sides have to be intact and of sufficient size. To make sure that these surfaces can be prepared to the required depth in a reliable manner, we have taken an abrasive diamond instrument with an ideal length/ diameter ratio and provided it with a guide pin at the front end of the instrument. Thanks to its special diameter, the instrument can already be used during the first step as a finisher with controlled penetration depth. The instrument hardly vibrates which makes it pleasant to use.

5. With the guide pin instrument 8849P, you can prepare the lateral sides from a vestibular and oral direction – as deeply as the guide pin lets you and as far away from the adjacent tooth as the contour of the instrument allows.

Separation and finishing

Minimally invasive preparations do not stop at the interproximal region. That's why the set includes particularly slim separating instruments that allow interproximal preparation in the dental enamel. 6. Prepare the interproximal region with the separating instrument 858 in an axial direction, protecting the adjacent tooth with a tension-free matrix strip and without extending the preparation.

 Finally, smooth the interproximal surface with a finisher of matching shape 8858 in preparation for impression taking and production of the restoration.



As an even better alternative compared to the finisher 8858 -. we recommend our sonic tips SFM6 and SFD6 for interproximal smoothing and finishing which we specially developed for use in combination with our occlusal onlay set. Coated with diamond grit on one side only, the geometry of these sonic tips was specially made for the interproximal preparation prior to applying occlusal onlays. Our tests revealed that these tips are particularly suitable for the interproximal finishing of crown preparations. You will be amazed to see how fast interproximal surfaces can be smoothed with these tips – without any risk of damaging the neighbouring teeth!

Note:

The SFM6 and SFD6 are not suitable for the interproximal preparation prior to inserting ceramic inlays! Please use our sonic tips SFM7 and SFD7 instead – they were specially designed for this purpose (see page 17 et seqq.). If you have the required equipment available at your practice, we suggest that you smooth the interproximal surface with the sonic tips of matching shape and diamond coating on one side without matrix!

Transitions

To finish the treatment, connect the vestibular and oral preparations with the interproximal preparations in all four transitional regions by means of the finisher 8856 – and you're done!



Contents Set 4665/4665ST

Set 4665ST new Occlusal onlay set "Table Tops" in a sterilizable stainless steel bur block





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OccluShaper **new** for premolars for molars new . new 855D.314.016 **370**.314.030 **370**.314.035 **8849P**.314.016 858,314,010 For pre-preparation. Oro-vestibular preparation Separation Contouring Contouring with laser mark . **8858**,314,010 **8370**,314,030 **8370**,314,035 **8856**,314,014 Finishing Finishing Finishing Transitions

10

Matching sonic tips:

(not included in the set)



Recommendation for use in the Komet sonic hand piece SF1LM/S: Power level 1: Finishing Power level 2: – Power level 3: Shaping



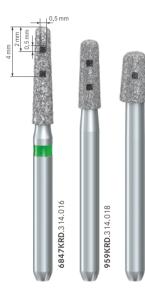
Tip:

Available on request: our occlusal onlay brochure (418600).

Ceramic inlays and partial crowns

Expert Set 4562

The set 4562 was compiled in close cooperation with six renowned experts from dental clinics and practices with a view to simplifying and systemising the precise shaping of cavities prior to receiving ceramic inlays and partial crowns. The set contains, among other instruments, three newly developed burs which are provided with a depth mark (to be recognised by the letter "D" standing for "depth" in the reference number in order to guarantee the required minimum occlusal thickness of ceramic restorations.



345KRD.314.025



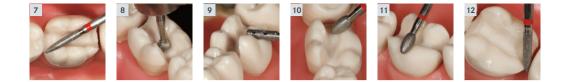
Use of the instruments (shown on a model)

 Open the cavity with a tapered diamond instrument with coarse grit and rounded edges (6847XRD.314.016, green).
 The depth marks at 2 and 4 mm help to guarantee the required minimum thickness of the ceramic underneath the fissure.

 The same instrument is then used to create a proximal box.
 The proximal enamel wall remains intact for the time being. The adjacent tooth can be protected with a steel matrix. A thin, flame-shaped instrument with fine grit (8862.314.012, red) is used to remove the proximal enamel. In this step, the enamel wall is removed. Make sure not to create a spring edge.

4. Use a finishing instrument (8847KR.314.016, red) whose shape corresponds to that of the diamond instrument described under point 1 to smoothen the inner walls and the floor of the box. 5. Depending on the size of the cavity, 2 shorter, tapered instruments with rounded edges can be used to shape the cavity as required: 959KRD.314.018 (see photograph) and 845KRD.314.025. Both instruments are provided with depth marks, either at 2 and 4 mm (in case of the 959KRD) or at 2 mm (845KRD).

Handy hint: We recommend our sonic tips on page 17 for the shaping of the interproximal cavity margin. 6. Two instruments of matching shape with fine grit are available for subsequent finishing: 8959KR.314.018 and 8845KR.314.025. Both instruments are provided with a red ring. The tapered instrument should be tilted in oro-vestibular direction in order to increase the opening angle in occlusal direction.



7. Use a thicker flame-shaped finisher (8862.314.016) to give the edges of the box a concave shape. The instrument should be pulled from apical in occlusal direction The concave contour in the dental substance is automatically created by the convex tip of the instrument. The opening angle should be enlarged in occlusal direction. Make sure to create an open rather than an excessively steep preparation. Again, do not create a spring edge. The transitions between the cavity floor and the box must be rounded

8. The cavity underneath the fissure can be further deepened with a ball shaped instrument with normal grit (801.314.023), if necessary.

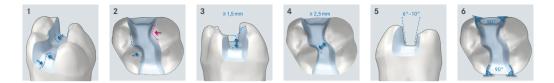
9. The cusps are shortened horizontally with the tapered instrument 959KRD.314.018. For that, the instrument is held in horizontal position. Its diameter of 1.8 mm (1.4 mm at the tip) is an ideal dimension to ensure sufficient reduction. Thanks to its larger diameter of 2.5 mm (1.9 mm at the tip), the 845KRD.314.025 is ideally suitable for creating smooth margins. The same instrument can be used to prepare rounded shoulders inside the preparation, if required.

10. Use the egg shaped instrument with fine grit 8379.314.023 (red) to round off all inner edges.

11. The same instrument can be used to slightly round all horizontal outer edges. Round off all edges within the preparation to avoid leaving any sharp transitions. 12. Round off any remaining corners and edges in hardtoreach areas with the thin, flame shaped finisher 8862.314.012 (red) as per fig. 3. Round off any sharp transitions at the contour of the preparation margin. Make sure not to create a spring edge!

Speed:

 During preparation:
 O_{opt}. 160.000 rpm, red contra-angle
 During finishing:
 O_{opt}. 20.000 rpm



Graphic illustrations of the most important rules to be observed during preparation

1. Round off the transitions between the floor and the walls of the cavity as well as all angles within the cavity.

2. Check the contour of the preparation from occlusal to exclude any sharp edges. The inlays are ground from the outside to exactly match the shape of the cavity. The bur used to grind the inlay is unable to recreate such sharp edges, which would lead to undesirable gaps between the inlay and the cavity wall. 3. When creating the fissure, make sure that a minimum occlusal depth of 1.5 mm is observed even underneath the fissure. You can deepen the cavity floor with a round bur.

4. To avoid fracture of the inlay, make sure that a width of at least 2 mm is observed even at its most narrow point (isthmus). 5. Work in diverging manner rather than in a parallel manner. The recommended opening angle of the cavity walls is $6^{\circ} - 10^{\circ}$. The adhesive fixation eliminates the need for any other type of retention.

6. The surface angle at the transition between the cavity and the surface of the tooth should be approx. 90°, to give the ceramic and the dental substance increased stability. Protect the neighbouring tooth with a steel matrix. Give the proximal edges a slightly concave shape by means of a flame-shaped instrument which should always be used on the sides of the box, never on its floor. Oscillating instruments are equally suitable for shaping the walls of the box (page 17).



Video Preparation rules for ceramic inlays and partial crowns



Webinar Preparation techniques and fixation of all-ceramic restorations, held by Prof Dr. Roland Frankenberger

Contents of sets 4562/4562ST

-	6847KRD.314.016
	959KRD.314.018
9	845KRD.314.025
•	28862.314.012













Sonic tips

for interproximal cavity preparation

In close cooperation with Private Lecturer Dr. M. Oliver Ahlers, Hamburg, Komet has developed sonic tips for the preparation of interproximal cavities. The new sonic tips are designed for the final shaping of cavities and for smoothing the interproximal cavity margins. The diamond coated working parts of the 4 new sonic tips (mesial and distal) are bisected lengthwise. Their special design makes them ideally suited for work on molars and premolars. To prevent damage to the adjacent tooth, the tips are only coated on one side.

Thanks to their rounded angles in the transition area between the axial and the shoulder region, these sonic tips are capable of preparing the cavities to a perfectly chamfered shape, thus creating ideal conditions for taking a precise impression of the preparation, with either conventional impression material or by means of advanced radiographic techniques. The new sonic tips are therefore ideal for both conventional and CAD/CAM restorations. What's more, they create perfect conditions for the subsequent work in the dental laboratory. The clear and concise shape of the preparation greatly facilitates the construction of precise restorations.

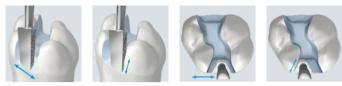




4 arguments in favour of Komet tips:

- optimised diamond coating (60 µm instead of 40 µm) to facilitate shaping and finishing
 - to suit molars and premolars
- ❷ the shape is adapted to modern ceramic inlays (instead of the previously used ceramic inserts) and guarantees plane lateral surfaces and rounded transitions
- more axial depth to improve the shaping of the buccal and lingual surfaces of the interproximal box as well as the floor of the box





Prior to using these sonic tips, the basic preparation is carried out with rotary instruments

The interproximal cavity margin is shaped and smoothed performing vestibular/oral movements. The sonic tip is guided along the cavity margin in mesio/distal direction in order to remove any instable enamel structures. Recommended power levels in the Komet sonic handpiece SF1LM/S: Power level 1: Finishing Power level 2: -Power level 3: shaping The sonic tips made by Komet can not only be used in Komet's sonic hand-piece SF1LM/S, but also

- in the Scales made by the co. W&H (Series Proxeo® ZA-55/L/ LM/M/LS and Proxeo® ST ZE-55RM/BC, Series Synea® ZA-55/L/LM/M or series Alegra® ST ZE-55RM/BC), as well as
- in the SONICflex[™] hand-piece provided by the company KaVo (Series 2000N/L/X/LX or series 2003N/L/X/LX) or
- in the SIROAIR L of the co. Sirona[®]





Handy hint:

Designed for the gentle and precise positioning of the restoration, the CEM tip SF12 ideally complements these sonic tips.









Handy hint: The sonic tips are also available with a Quick connection.

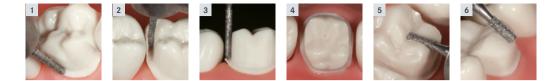
Ceramic crowns

Expert set 4573

Based on the successful expert set 4562 for ceramic inlays and partial crowns, the set 4573 is designed for the preparation of crowns allowing for the special requirements of ceramics.

The key instrument contained in this set is figure 856 (tapered round, which is available in different sizes and grit types). The experts opted for this instrument, as it is perfectly adapted for preparing a distinct chamfer featuring rounded interior angles. Sinking the instrument up to half of its diameter into the tooth creates a distinct chamfer with a 0.8 mm radius, which assures sufficient substance removal and rounded interior angles. Both aspects are considered major requirements for a successful ceramic preparation. On one hand, the large radius helps to avoid a lip preparation. On the other hand, the large diameter 021 produces smooth surfaces without grooves or scratches. especially during finishing. The ideal amount of substance removed to assure sufficient

material thickness is between 1.0 and 1.5 mm. It is therefore sufficient to include instruments with 2 diameters in this set: 021 for larger teeth and 018 for smaller teeth. The instrument is provided with a cone angle of 2°. This allows the creation of a total angle of 4° in case of a circular preparation without having to swivel the instrument. R 0.8



All-ceramic crown on back teeth*

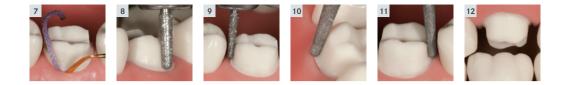
1. The instrument 6837KR.314.012 is used to prepare a 1 mm uniform shoulder approx. 0.5 - 1 mm above the future preparation limit.

 Interdental separation using the instrument 6856.314.012, preparing a thin, proximal enamel wall for the time being. The adjacent tooth can be protected additionally with a steel matrix. 3. Subsequent to the interdental separation, the initial shoulder preparation is carried out using the diamond instrument described under point 1. For the time being, parallel substance removal is carried out by holding the instrument in vertical position.

4. The occlusal view clearly shows the 1 mm sized, circumferential shoulder following the anatomical contour of the root.

5. Reduction of the occlusal surface using the instrument 6836KR.314.014. A minimum substance removal of 1.4 mm can easily be achieved by completely introducing the instrument. An occlusal substance removal of up to 2 mm is possible. 6. With the occlusal reduction, please make sure to prepare a simplified replica of the anatomic cusps. To this end, the instrument described under point 5 is applied to premolars and molars from 4 different directions.

* Note: The use of the instruments is shown on a model. It is possible to change the order of the shown preparation steps, according to your personal preference.



7. To protect the gingiva, it is recommended to place a retraction cord after carrying out the initial preparation.

8. Final shaping of the preparation limit to achieve a chamfer with a 0.8 mm radius. The larger instrument 6856.314.021 is used for easy access to oral and vestibular areas. When using the large instrument (021), please make sure not to damage the adjacent teeth. If the adjacent teeth do not require preparation, it is recommended to first use the thinner instrument 6856.314.018 for creating the chamfer in the interdental areas.

10. Definition of the final preparation limit using the finishing instruments of matching shape, i.e. 8856.314.018 and 021.

11. If there is sufficient interdental space, it is also possible to use the finishing instruments described under point 10. Please make sure not to damage the adjacent teeth. 12. Check the completed preparation for sufficient interocclusal clearance. With all-ceramic restorations, all sharp edges and corners have to be rounded off. Flexible polishing discs are particularly suitable for this.



All-ceramic anterior crown*

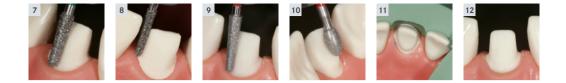
1. Interdental separation with the thin instrument 6856.314.012 (tapered round, green ring).

2. Preparation of a 1 mm sized, uniform shoulder approx.
0.5 - 1 mm above the future preparation limit, using the instrument 6837KR.314.012. 3. The occlusal view clearly shows the 1 mm sized, circumferential shoulder following the contour of the root.

4. Reduce the labial surface of the sagittal curve of the crown by 1 mm, using the same instrument as mentioned under point 2.

5. Incisal reduction with 6836KR.314.14 (short cylinder with rounded edges, green ring). When completely introducing the instrument, a minimum substance removal of 1.4 mm can easily be achieved. An occlusal substance removal of up to 2 mm is possible. 6. Palatinal reduction by at least 1 mm, using the egg shaped instrument 6379.314.023 (green). To protect the gingiva, it is recommended to place a retraction cord after carrying out the initial preparation.

* Note: The use of the instruments is shown on a model. It is possible to change the order of the shown preparation steps, according to your personal preference.



7. Final shaping of the preparation limit to achieve a chamfer with a 0.8 mm radius. The larger instrument 6856.314.021 is used for easy access to oral and vestibular areas. When using the large instrument (021), please make sure not to damage the adjacent teeth. 8. If the adjacent teeth do not require preparation, it is recommended to create the chamfer in the interdental areas using the thinner instrument 6856.314.018 first.

9. Definition of the final preparation limit using the finishing instruments of matching shape, i.e. 8856.314.018 and 021. 10. Finishing the palatinal surfaces using the egg-shaped fine grit instrument 8379.314.023 (red).

11. Check if sufficient substance has been removed using a silicone index.

12. Completed preparation. With all-ceramic restorations, all sharp edges and corners have to be rounded off.

Speed:

 During preparation:
 O_{opt}. 160.000 rpm, red contra-angle
 During finishing:
 O_{opt}. 20.000 rpm



Graphic illustrations of the most important rules to be observed during preparation

1. Create a stump with a $4 - 6^{\circ}$ cone. Round off all the transitions within the preparation, to avoid disadvantageous tensions underneath the restoration material.

2. If the position of the tooth does not require correction, the outer contour of the crown is reduced by 1.5 mm, the occlusal surface by 1.5 – 2 mm and the margin by at least 1 mm, without mimicking the crown equator. Please make sure to eliminate all sharp edges and corners as these might impair the optimal fit of the future restoration.

3. The preparation limit has to have a width of at least 1 mm.

4. Both, a shoulder preparation with rounded interior angles and a distinct chamfer preparation may be carried out. Rework the preparation margin using finishing instruments of matching shape (red ring). 5. Make sure to avoid tangential, spring edge or lip preparations as they are contraindicated with all-ceramic restorations. Therefore, exercise special care when using instruments with a round tip and do not introduce them any further than up to half their diameter at maximum! Please note that tangential preparations are technically unfeasible and would result in too thin, i. e. instable and overcontoured, crown margins.

Contents of set 4573/4573ST

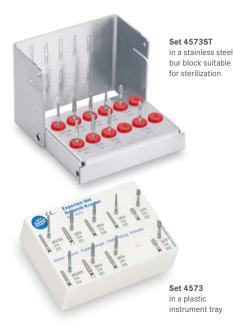
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6837KR .314.012	6836 K
6856 .314.021	8856 .3
	¢
6856 .314.018	8856.3
6856.314.012	
	6
6379 .314.023	8379.3

¢	
0	6836KR.314.014

.314.018

.314.021





Ceramic veneers

Set 4388

Thanks to their convincing aesthetic properties, ceramic veneers are very popular in the USA. The provision of ceramic veneers has gained increasing popularity in Germany as well and has now become a scientifically acknowledged method for the restoration of anteriors and canines.* One of the preconditions for the clinical success of ceramic veneers is a systematic, conservative preparation. This poses a particular challenge for the dentist: On one hand, a certain amount of material needs to be removed, on the other hand, care has to be taken not to penetrate too deeply into the enamel. In cooperation with Private Lecturer Dr. Ahlers, we have developed innovative depth markers which allow safe control of the penetration depth. These instruments are compiled in the Set 4388. This set, called "Keramik-Veneers.de", complies with the recommendations issued by the GSDOM (German Society of Dentistry and Oral Medicine) which serve as guidelines to ensure the high quality of preparations.

* See www.dgzmk.de for a scientific opinion.





Labial veneer at a front tooth

1. First of all, labial orientation grooves are created with the depth markers 868B.314.018/020, starting at the cervical third of the labial surface.

2. The narrow diamond coated parts of the working element allow easy creation of orientation grooves without excessive heat generation. 3. Even when applied at too steep an angle, the tapered shape of the working element and its rounded tip safely prevent excessive penetration. 4. The orientation grooves define the maximum substance removal desired, thus determining the level of the definite preparation.



5. The remaining bridges between orientation grooves can be levelled with the tapered diamond abrasive 868.314.016. This step is further facilitated by the congruent shape of the depth marker and the abrasive instrument. Thanks to its comparatively short working element, the diamond abrasive hardly vibrates during operation. 6. The set also comprises a diamond finishing instrument 8868.314.016 whose shape matches that of the shaping diamond instrument. This allows a particularly gentle, conservative levelling of the surface and further ensures the excellent quality of the preparation. 7. The instrument with a smaller diameter (868.314.012) is particularly suitable for shaping proximal preparation areas as well as smaller teeth, and especially for anteriors in the lower jaw. The set also comprises a matching diamond finishing instrument 8868.314.012.



Before: Anterior in need of restoration



After: Anterior with ceramic veneer in place



Palatal veneer on a canine

 Within the course of a function correcting treatment schedule it is sometimes necessary to rebuild excessively worn tips of canines.* The egg-shaped diamond instrument 379.314.023 with its elliptic tip is particularly suitable for the creation of a gentle circular chamfer.

2. There is a congruent instrument even for this eventuality: the egg-shaped diamond finishing instrument 8379.314.023 allows a smoothing of the preparation, especially in the transitional areas of the incisal border, to ensure the high quality of the preparation.

3. The slight yet sufficient chamfer helps to ensure that the margins of the palatally adhered ceramic restoration are not too fine. The elliptic tip of the finishing instrument allows the creation of a shallow groove in the centre of the palatal surface as positioning aid during insertion.

Recommendations for use:

- To be used preferably in the red contra-angle, observing the speed indicated on the package.
- Always supply sufficient spray cooling (at least 50 ml/min.).

* See www.dgzmk.de for a scientific opinion.



Before: Abraded canine



After: Canine restored to full function



Special features of the Set 4388 and the instruments contained:

- Specially developed depth markers (868B) define the reduction depths (0.3 and 0.4 mm), resulting in a final preparation depth of 0.4 or 0.5 mm after finishing.
- The narrow parts of the working elements of the depth markers are coated with a layer of not excessively fine grain diamonds, thus ensuring high substance removal without excessive heat generation at the bottom of the prepared grooves.
- In addition, the set contains tapered medium grit (100 µm) diamond abrasives (868) and fine grain (30 µm) diamond finishing instruments (8868) to match the depth markers. The depth markers, abrasives and finishing instruments are all congruent in size (taper with rounded tip).
- Two coordinated sizes cover all indications in the entire anterior zone.

- An egg-shaped diamond abrasive (379) and the matching finishing instrument (8379) allow the preparation of function-correcting palatal veneers.
- If required, excess composite can be removed under complete control with the particularly smooth-running separating instrument (852EF) or with the egg-shaped finishing instrument (379EF), both covered in extrafine grit (grit size: 15 µm).

Contents of set 4388

In a plastic instrument tray



Contraction of the second

- Alexandration



PrepMarker

When creating ceramic restorations, it is important to already "think ceramic" during preparation and to adhere to the required minimum layer thicknesses. The new PrepMarkers are designed for marking the preparation depth prior to the restoration. The PrepMarkers are intended for all-ceramic preparations (e.g. (partial) crowns, onlays or overlays). They can be used from the occlusal, buccal, oral or vestibular side. PrepMarkers are equally suitable for new types of preparation, for example "Table Tops". The instruments are available in 4 sizes: 0.5 mm, 1 mm, 1.5 mm and 2 mm. For easy identification, the preparation depths are laser marked on the instrument shank.





Photos courtesy of: Dr. Olivier Etienne





Photo courtesy of: Dr. Jürgen Wahlmann



DM10.314.009 T= 1,0 mm

S'1 680

DM15.314.009 T= 1,5 mm

DM20.314.009 T= 2,0 mm

Speed:

• Recommended speed: Optimum speed: Oopt 40.000 rpm

Maximum speed: Omax 160.000 rpm



Work on all-ceramic restorations

Grinding of ceramic abutments, trepanation or fitting of allceramic restorations constitute a real everyday challenge for the dentist. Comprehensive test series were carried out and as a result, we offer a special ZR abrasive with diamond grain, which is perfectly adapted to these special requirements. The solution is a special bond, which bonds the diamond grains durably so that these abrasive instruments feature a considerably longer operating life and material reduction compared to conventional diamond instruments.

Different grains are available to suit the respective indications. Trepanation of all-ceramic restorations is preferably carried out with the instruments with coarse grain (green/white ring). When fitting the dental prosthesis, it is recommended to use finer instruments with medium (blue/white ring) or fine grain (red/ white ring). The special ZR Komet abrasives are perfectly made for precise work on allceramic restorations and are sure to become an invaluable aid in every dental practice.





1. Slight adaptation of the allceramic crown with the ZR862.314.016

2. Quick trepanation with the special round diamond ZR6801.314.010/014

3.-5. For separating allceramic crowns, we recommend Jack (aka 4ZRS). As with tungsten carbide crown cutters, apply the instrument at an angle of 45° to the crown surface to achieve best results. Apart from the axial wall, the incisal edge and, in case of molar and premolars, the occlusal surface should also be cut. This applies in particular to adhesive all-ceramic restorations. To remove the restoration, this has to be widened until it fractures. This can be done with a lever or Planert crown widening pliers (DP 788R Aesculap Dental, Tuttlingen).

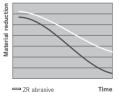
To grind down residual fragments, we recommend the 4ZR.314.012/014. new

Jack - 4ZRS

4ZR

Recommendations for use

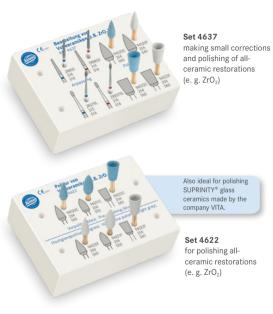
Efficiency of the ZR abrasives



 Standard diamond instrument

- Optimal speed: ℃_{opt.} 160.000 rpm
- It is recommended to use the instruments in the red contraangle, as the higher torque is advantageous for efficient work on all-ceramic restorations (compared to the torque of a conventional turbine).
- Use maximum spray coolant, especially during the trepanation procedure (min. 50 ml/min.).
- Apply low contact pressure (< 2N).





Also ideal for polishing SUPRINITY® glass ceramics made by the company VITA.

Set 4622 for polishing allceramic restorations (e. g. ZrO₂)

Handy hint:

A wheel-shaped version is also available 94012C.204.110 (pre-polishing) 94012F.204.110 (high shine polishing)



Handy hint:

Our ZR abrasives product information 410637 is available upon request. More than 30 different instruments are available.

Scientific advice Set 4665:

Priv. Doz. Dr. M. Oliver Ahlers CMD-Centrum Hamburg-Eppendorf and Universitätskilnikum Hamburg-Eppendorf Zentrum für Zahn-, Mund- und Kleferheilkunde Poliklinik für Zahnerhaltung und Präventive Zahnheilkunde www.dr-ahlers.de

Prof. Dr. Daniel Edelhoff Direktor der Poliklinik für Zahnärztliche Prothetik, LMU München

Scientific advice - Expert Sets

Priv. Doz. Dr. M. Oliver Ahlers CMD-Centrum Hamburg-Eppendorf and Universitätskilnikum Hamburg-Eppendorf Zentrum für Zahn-, Mund- und Kieferheilkunde Poliklinik für Zahnerhaltung und Präventive Zahnheilkunde www.dr-ahlers.de

OA Dr. Uwe Blunck, Charité - Universitätsmedizin Berlin, Abteilung für Zahnerhaltung und Parodontologie

Prof. Dr. Roland Frankenberger, Philipps Universität Marburg Direktor des Med. Zentrums für ZMK Marburg

Dr. Jan Hajtó, niedergelassener Zahnarzt, München

Dr. Gernot Mörig, niedergelassener Zahnarzt, ZahnGesundheit Oberkassel, Düsseldorf

Prof. Dr. Lothar Pröbster, niedergelassener Zahnarzt, Wiesbaden und Lehrverpflichtung an der Universität Tübingen, Abteilung für Zahnärztliche Prothetik

Scientific advice - Sonic tips:

Priv.- Doz. Dr. M. Oliver Ahlers CMD-Centrum Hamburg-Eppendorf and Universitätsklinikum Hamburg-Eppendorf Zentrum für Zahn-, Mund- und Kieferheilkunde Poliklinik für Zahnerhaltung und Präventive Zahnheilkunde www.dr-ahlers.de

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